



OrthoStride®
Sabaton®
Air Walking boot - Short



Instructions For Use

Please read these instructions carefully before application.

OrthoStride®

Sabaton®

Air Walking Boot - Short

PRODUCT DESCRIPTION

Sabaton® Air Walking boot is a lightweight, ergonomic device designed to provide support and immobilization for foot and ankle injuries. It features an adjustable air inflation system for a customized fit to promote healing and to reduce swelling. The shock absorbing rocker sole aids in maintaining a natural gait and reducing strain while walking.

INTENDED USE

Sabaton® Air Walking boot is intended for restricting movement of the foot and ankle. It is for use under medical advice and supervision in select cases of trauma, and in post-surgical and rehabilitation settings.

INDICATIONS FOR USE

- Support for acute ankle sprains
- Soft tissue injuries of the foot and ankle
- Stable fractures of the foot and ankle
- Post-surgical support for Achilles tendon repairs.

CONTRAINDICATIONS

This device should not be used in below conditions:

- Open or Unstable Fractures
- Wounds and sores
- Severe vascular diseases
- Severe neuropathy
- Known allergy to device materials

PATIENT POPULATION

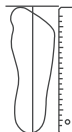
Patients demonstrate one or more indications listed above and have been prescribed the use of the device by a qualified healthcare professional.

INTENDED USERS

Patients prescribed or guided by a Healthcare Professional(HCP) for intended use.

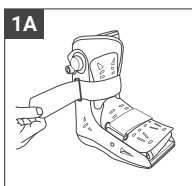
SIZE CHART

Size	Maximum foot length	Shoe Size
S	22.5cm - 24.5cm	36- 40
M	25cm - 26.5cm	40- 42
L	27cm - 29cm	42- 45

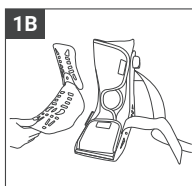


INSTRUCTIONS FOR APPLICATION

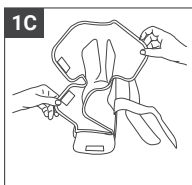
Step 1: Preparation & Foot Positioning



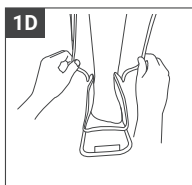
1A. Loosen all straps.



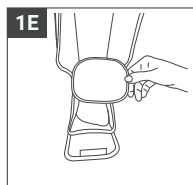
1B. Remove the plastic anterior shell in front.



1C. Unstrap and unfold the inner cushion lining for full access.

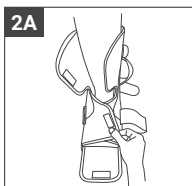


1D. Place the foot into the boot, ensuring a snug fit at the heel and sole.

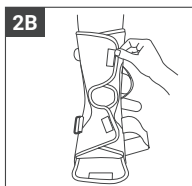


1E. Position the ankle pad for added comfort and support (if required).

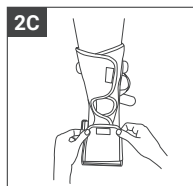
Step 2: Wrapping, Anterior Shell Placement & Securing Straps



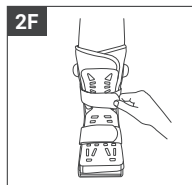
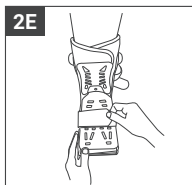
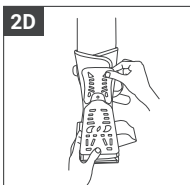
2A. Wrap the inner lining attach the ankle part first.



2B. Attach the leg part of the inner liner.



2C. Attach the anterior forefoot part of liner.

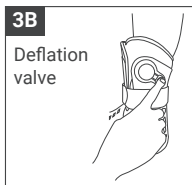
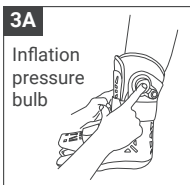


2D. Align and position the anterior shell properly.

2E. Fasten the bottom strap (Note: in a bottom to top manner for optimal fit)

2F. Fasten the ankle strap.

Step 3: Adjusting Airbags



3A. Press inflation pressure bulb repeatedly to inflate airbags.

(Note: Inflate to a comfortable, supportive level without restricting circulation. Excessive pressure may cause discomfort and impair circulation).

3B. Press the deflation valve to release any excess pressure.

RECOMMENDED TIPS FOR USE

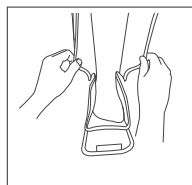
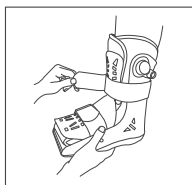
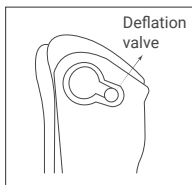
Consult a healthcare professional before making adjustments.

Note : Post-Achilles Tendon Surgery:



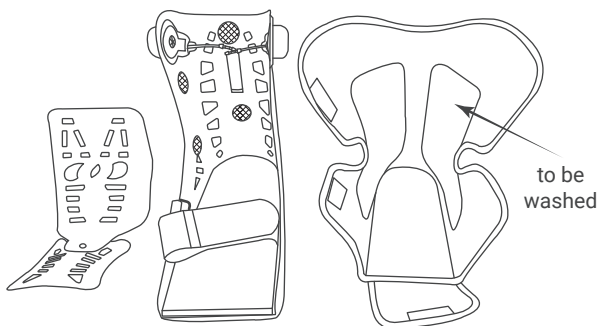
- Use multilayer heel pads initially when walking.
- Gradually remove layers to restore foot angle, following medical guidance.

REMOVAL INSTRUCTIONS



- **Deflate Airbags:** Press the deflation valve on both sides to fully release air.
- **Unfasten Straps:** Loosen straps from top to bottom while keeping them attached for easy reapplication.
- **Remove Anterior Shell:** Gently detach the shell and place it aside carefully.
- **Take Off Boot:** Unwrap the inner lining and carefully lift the foot out.

WASHING INSTRUCTIONS



- Only the cushion liner is washable-remove it from the shoe for washing.
- Remove airbags from the slots within the liner before washing.
- Hand-wash the liner with mild detergent and rinse thoroughly.
- Do not machine-wash, tumble dry, iron, bleach, or use fabric softener.
- Air dry completely before using again
- Wipe plastic components with a damp cloth (use mild cleaning agent if needed)



DISPOSAL

Dispose of the product according to local waste management guidelines.

Caution:

- Use only under medical supervision, consult your doctor before making adjustments.
- Discontinue use and seek medical advice if you experience allergies, pain, swelling, numbness, discoloration, or unusual sensations.
- Don't use continuously for more than 24 hours.
- Exercise caution on wet, uneven, or slippery surfaces to prevent falls.
- Do not over inflate air chambers, as excess pressure may cause discomfort and circulation issues.
- Inspect regularly for early detection of any adverse effects, especially if you are prone to neuropathy (e.g due to Diabetes) or have other skin conditions
- Ensure secure fastening for proper immobilization
- Avoid excessive tightening to prevent pressure injuries.
- Do not use while driving or performing activities requiring ankle movements
- Air chambers may further expand at low atmospheric pressure such as high altitude or airplane cabins-deflate as needed for comfort.

ADVERSE EFFECTS

- Prolonged usage may cause skin irritation, discomfort, or pressure sores, and sensitivity to materials may cause allergic reactions.
- Excessive tightening can lead to poor circulation, numbness, or swelling, and improper fit may increase pain or discomfort.

STORAGE CONDITIONS

- Store at room temperature, away from sunlight and moisture.
- Avoid placing heavy or sharp objects on the brace to prevent damage.
- Ensure the brace is clean and completely dry before storing.

MR COMPATIBILITY

Sabaton® Air Walking boot is not MR compatible.

REPORTING OF ADVERSE EVENTS

In case of any event please notify to 'care@orthoheal.com' or to the competent authority of the respective country.

INSTRUCTION FOR PATIENTS

Do's:

- Follow medical instructions for proper use.
- Ensure a snug but comfortable fit.
- Inflate airbags gradually to a supportive level.
- Check your skin regularly for irritation, swelling, or numbness.
- Keep the boot dry; wash only the removable liner.
- Keep out of reach of children and pets.

Don'ts:

- Do not drive or engage in activities requiring full mobility.
- Do not modify the boot without medical advice.

SYMBOL GLOSSARY



Medical Device



Caution: Federal law restricts this device to sale by or on the order of a HCP



Single patient multiple use.



Do not use if package is damaged and consult instructions for use



Non-sterile



Consult instructions for use.



Device is not made with natural rubber latex.



Keep away from sunlight.



Manufacturer



Date of Manufacture



Catalogue Number / Reference code



Batch code / Lot Number



Unique device identifier



Authorised representative in the European Union

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FDA
LISTED



MANUFACTURER

JC OrthoHeal Private Limited
P7 - P8/A, Biotech Park Phase - I,
GIDC Savli, Manjusar,
Vadodara - 391 775. Gujarat, India.

Call: +91 85305 30885
Email: india@orthoheal.com

FOR COMPLAINT AND FEEDBACK

Call: +91 911 811 311 0
Email: care@orthoheal.com



AF Pharma Service Europe SL
Muntaner 281,
Barcelona, 08021,
España

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